

# **COVID-19 Resources** (updated 3/18/2020)

If you believe that you have been in contact with someone who has tested positive for the virus, please contact your healthcare provider immediately.

If you are experiencing hardship during this time, please find below informational links and programming that may offer support.

## **CDC Info COVID-19**

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/cleaning-disinfection.html>

## **Broome County Info COVID-19**

<http://www.gobroomecounty.com/hd/coronavirus/faq>

## **Domestic Violence and Quarantine**

If you are quarantined in a home where you do not feel safe, live help is available from the National Domestic Violence Hotline 24/7 at 1-800-799-7233 or @ndvh by chat on Twitter

## **COVID-19 Mental Health Resources**

<https://www.nami.org/getattachment/Press-Media/Press-Releases/2020/COVID-19-and-Mental-Illness-NAMI-Releases-Importan/COVID-19-Updated-Guide-1.pdf?lang=en-US>

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

## **COVID-19 NYS Legal Resources**

<https://www.lawhelpny.org/resource/coronavirus>

## **NYS Unemployment-7-Day waiting Period Waived**

<https://labor.ny.gov/unemploymentassistance.shtm>

## **NYS Courts**

<https://www.nycourts.gov/whatsnew/covid.shtml>

## **U.S. Department of Education COVID-19 Resources**

<https://www.ed.gov/coronavirus>

## **Housing**

*Call 2-1-1 for information on Emergency Housing Resources*

<http://www.gobroomecounty.com/sites/default/files/dept/bcyb/HomelessResourcesInBroomeCounty.pdf>

## **Small Business Resources**

<https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources>

If you are located in the Town of Union, you may also contact the Economic Development office at (607) 786-2945

**Meals on Wheels of Western Broome**

<https://mealsonwheelsofwesternbroome.com/>

**Food Pick-up Times/Locations for Broome County School Districts (check district websites for updates)**

<b><i>Binghamton</i></b> 10 a.m to 1 p.m. Ben Franklin Binghamton High School Calvin Coolidge Columbus School East Middle School Horace Mann MacArthur Elementary Theodore Roosevelt Thomas Jefferson West Middle School Woodrow Wilson 11 a.m. to noon Carlisle Apartments Saratoga Heights	10 a.m to 1 p.m. Deposit Elementary <b><i>Harpursville</i></b> 10 a.m to 1 p.m. Harpursville Elementary <b><i>Johnson City</i></b> 10 a.m to 1 p.m. Floral Avenue Park North Side Park on Harry L. Drive Saint James Food Pantry Johnson City Learning Center	<b><i>Vestal</i></b> 10 a.m to 1 p.m. Clayton Avenue African Road <b><i>Windsor</i></b> 10 a.m to 1 p.m. Bell Weeks Palmer <b><i>Whitney Point</i></b> 10 a.m to 1 p.m. Whitney Point High School
<b><i>Chenango Forks</i></b> 10 a.m. to 1 p.m. and p.m. to 7 p.m. Chenango Forks Elementary	<b><i>Maine-Endwell</i></b> 10 a.m to 1 p.m. Maine Memorial Maine-Endwell High School <b><i>Susquehanna Valley</i></b> 10 a.m to 1 p.m. Susquehanna Valley Middle School	<b><i>Newark Valley - Tioga County</i></b> 10 a.m to 1 p.m. Berkshire Library Newark Valley Middle School Richford Town Hall
<b><i>Chenango Valley</i></b> 11 a.m. to 1 p.m. and 5 p.m to 7 p.m. Chenango Valley High School	<b><i>Union-Endicott</i></b> 10 a.m to 1 p.m. Charles F. Johnson School U-E High School Jennie F. Snapp Middle School	<b><i>Owego - Tioga County</i></b> 10 a.m to 1 p.m. Apalachin Elementary Owego Elementary <b><i>Tioga - Tioga County</i></b> 4:30 p.m. to 6:30 p.m. Monday and Thursday Tioga High School
<b><i>Deposit</i></b>		